

# Discipleship Days

**Making & Sustaining  
Disciples for Mission**

**September 15-17, 2005**

Conference at The Hotel Captain Cook  
4<sup>th</sup> Avenue & K Street - Anchorage, AK 99501



Sponsored by the  
Archdiocese of Anchorage

Office of Evangelization  
in Partnership with the

Diocese of Fairbanks & Diocese of Juneau

## Thursday - September 15

3:00-6:00 pm	Registration / Check In
6:00-7:00 pm	Reception
7:00-8:00 pm	Pre-Keynote
8:15 pm	Liturgy of the Hours

## Friday - September 16

7:30-8:30 am	Registration / Hospitality
8:30-9:15 am	Morning Prayer
9:15-10:15 am	Keynote
10:30-11:45 am	Session One
12:00-1:00 pm	Lunch & Showcase
1:15-2:30 pm	Session Two
2:45-4:00 pm	Session Three
4:30-6:00 pm	Liturgy of the Eucharist
6:00-8:00 pm	Reception

## Saturday - September 17

7:30-8:30 am	Registration / Hospitality
8:30-9:15 am	Morning Prayer
9:15-10:15 am	Keynote
10:30-11:45 am	Session Four
12:00-1:00 pm	Archbishop's Lunch & Showcase
1:15-2:30 pm	Session Five
2:45-4:00 pm	Session Six

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## Keynote Speakers

### **Rev. John E. Hurley, C.S.P. - “MAKING AND SUSTAINING DISCIPLES FOR MISSION”**

Father John Hurley, served as a member of the United States Conference of Catholic Bishops, for eight years, where he was the Executive Director of the Secretariat for Evangelization, during which time he oversaw ongoing implementation of *Go and Make Disciples, A National Plan and Strategy for Catholic Evangelization in the United States*. Fr. Hurley’s vision to the essential mission of the Church brought about the establishment of the United States Commission on Catholic Evangelization by the Bishops’ Committee on Evangelization in November, 2000. His insights also brought about the North American Institute for Catholic Evangelization for diocesan and national leadership.

*Father John Hurley, a Paulist priest ordained in 1977, graduated from Catholic University with a BA in Religious Education, a Master of Divinity degree from the Washington Theological Union and a Doctor of Ministry degree from the Jesuit School of Theology in Berkeley. He served as founding director of the Paulist Center for Catholic Evangelization in Portland, Oregon, Director of Development for the Paulists, Pastor of historic Old Saint Mary’s Cathedral in San Francisco, was appointed to the United States Conference of Catholic Bishops in Washington, DC., and has recently been appointed Assistant to the President for Strategic Planning for the Paulist Fathers, a community whose primary mission is evangelization.*

### **Sister Paule Freeburg, D.C. - “WHO WITNESSED THE RESURRECTION?”**

Sister Paule’s love for children extends far beyond the classroom. She has written 2 books for children and co-authoring a third: *A Child Shall Lead Them*, a guide for those who celebrate the Word with children, *Sunday*, a three-volume children’s version of the Sunday lectionary of a Catholic Mass, and *The Stories and Songs of Jesus*, a collection of gospel stories accompanied by music.

*Sr. Paule Freeburg, a Daughter of Charity of Saint Vincent de Paul, earned her Masters degree in Theology from Gonzaga University in Spokane, Washington. She has been an elementary and high school teacher, parish Director of Religious Education, and has directed the Rite of Christian Initiation of Adults and sacramental programs for both children and adults. Sister Paule was not raised Catholic, but was received into the Church while studying for her undergraduate degree. Inspired by watching a community of sisters in Santa Barbara work with mentally disabled children, she saw the profound respect they had for the dignity of human beings. Deeply touched by what she saw, she decided she too wanted to live their charism and made her vows in 1971 as a Daughter of Charity.*

### **Rev. Joseph W. Kruszynski, O.F.M. Conv. - “SPREADING THE HOLY FIRE”**

*Spreading the Holy Fire*, a plan and study guide for Catholic Evangelization in the Archdiocese of Chicago was created under the direction of Father Joe Kruszynski. The goal was to create among Catholics an enthusiasm for their faith, that in living their faith in Jesus, they would freely share it with others. He has worked to form Catholics as evangelizers especially in parishes, educating, training and forming Catholics in Catholic Evangelization.

*Father Joe is the director of the Archdiocese of Chicago’s Office for Evangelization. He was ordained a Conventual Franciscan priest and has served as a teacher and administrator in secondary education, a college instructor, formation director for his Franciscan Order, Pastor, and national speaker. He serves as a consultant to the U.S. Conference of Catholic Bishops’ Committee on Evangelization and holds a Bachelors degree in Philosophy, a Masters in Theology and in History, as well as a Doctorate of Ministry.*

# Workshop Presenters

**Mr. Ishmael Avilés**, Assistant for Hispanic Evangelization, Office of Evangelization, Archdiocese of Anchorage.

**Dr. Regina Boisclair**, Associate Professor of Religion holds the Cardinal Newman Chair of Catholic Theology at Alaska Pacific University. Dr. Boisclair is a member of various professional societies and is also a member of the Interfaith Council and the Ecumenical Commission of the Archdiocese of Anchorage.

**Ms. Kathy Bishop**, Parish Director, Our Lady of the Lake, Big Lake, Alaska.

**Rev. Fred Bugarin**, Pastor, Saint Anthony Parish, a Multi-Cultural Parish in Anchorage.

**Mr. James P. Caldarola, CFRE**, Director, Office of Stewardship & Development, Archdiocese of Anchorage.

**Dr. Jose A. Carrasco**, Special Consultant to PICO, a national network of Faith-Community Based Organizations. Professor Emeritus at San Jose State University, he has written works in literature, including a book on poetry, as well as areas of education, urban planning, and Faith-Community Based Organizing. His experience and contributions to the field of Faith-Community Based Organizing are nationally and internationally recognized.

**Rev. LeRoy Clementich, C.S.C.**, a member of the Congregation of Holy Cross, holds an MA in Sacred Liturgy and Theology. He has taught at several universities and is currently the Director of Rural Parish Ministry for the Archdiocese of Anchorage. Father Clem is the 2005 National Catholic Press Award winner for the Best Regular Scripture column feature.

**Ms. Julie Galligan, CTM**, Sponsor and Mentor of the Saint Andrew Gavel Club & Assistant to the Office of Evangelization for the Archdiocese of Anchorage.

**Mr. Bill Goehring, M.Div.**, Business Manager for Saint Anthony Parish and former Director of Liturgy at St. Mary's in Oakland, CA and Director of Mercy Center, Burlingame, CA. He is former liturgist for the North American Forum on the Catechumenate.

**Mr. Joe Hastings, M.Div.**, Regional Program Coordinator, CRS West works with Catholic Relief Services promoting global solidarity in West Coast dioceses. He has worked with the homeless, in parish social ministry, and in religious education. He has taught classes and workshops in scripture, theology, social justice, and nonviolence in programs for adult education, catechist certification, deacon formation, and young adult leadership. He has visited the work of CRS and Catholic churches in the Middle East, Latin America, and the Philippines.

**Ms. Rosemary Insley, M.A.**, Holy Spirit Center, Director of Ministries, an undergrad background in theology and a Masters degree in clinical social work. She completed a two-year graduate level program in spirituality through Manresa Jesuit Retreat House in Michigan, and has work 12 years as a pastoral minister in a parish.

**Dr. Mary Jo Iozzio**, Associate Professor of Moral Theology and Director of Graduate Programs in Theology & Ministry at Barry University, Miami Shores, FL. She received a BA in History from Pennsylvania State University, MA in Biblical Studies from Providence College, and an MA and PhD in theology from Fordham University. Her areas of interest include fundamental moral theology, bioethics, feminist ethics, disability studies, and virtue ethics. Her publications include Self-determination and the Moral Act (1995), Considering Religious Traditions in Bioethics (2001), and articles in the Journal of Religion, Disability & Health, Theological Studies, Catholic Peace Voice.

**Rt. Rev. Wesley W. Izer, S.D.B.**, Pastor Saint Nicholas of Myra Byzantine Catholic Church, Anchorage.

**Ms. Toni Jones, MA**, Neophyte of Holy Family Cathedral, Adjunct Faculty University of Alaska Anchorage.

**Ms. Valerie Keller**, Office of Parish Evangelization, Archdiocese of Milwaukee, a graduate of Aquinas College in Grand Rapids, Michigan has spent over 30 years in church ministry: high school teacher, youth minister, Director of Religious Education, Ecumenical work with AIDS, food and shelter issues; Director of Adult and Family Ministry, Pastoral Associate, and for the last 13 years as Parish Consultant in the Archdiocese of Milwaukee. Her interest and work in RCIA and Evangelization began over 25 years ago.

**Rev. Ted Kestler, S.J.**, Native Ministry Training Program at Saint Mary's with specialties in Scripture and Theology, Diocese of Fairbanks.

**Sr. Donna Kramer, D.C.**, Coordinator for Alaska Native Ministry, Office of Evangelization, Archdiocese of Anchorage.

# Workshop Presenters

**Ms. Madeline C. Lambert Nance, B.S.W., MAPS,** Children and Family Life Center Director in the Diocese of Fairbanks for the past 10 years, which includes child protection and victim assistance coordination for the last two years. Her work has been helping families in the area since 1986. Besides her work for the diocese she also owns a private business, "Family Tutor and Mentoring Network," and keeps it alive with contract work and one-to-one sessions. The teaching and learning opportunities that have been accrued over the years have provided a wealth of knowledge, experience and understanding of family life and its ups and downs.

**Mr. Phillip Lee,** Archdiocesan Liaison to the Korean Catholic Community of Anchorage.

**Ms. Angela Liston, Esq.,** Executive Director of AFACT, Anchorage Faith & Action Congregations Together, organizes, empowers, and mobilizes faith communities to address quality of life issues affecting their community.

**Sr. Miriam Malone, SNJM,** Miriam holds a Masters degree in Pastoral Studies and a certificate in Pastoral Counseling. She served as Director of Christian Initiation for the Archdiocese of Los Angeles prior to spending two years as an itinerant mission sister in Alaska. Miriam was a member of her Province Leadership Team for six years. She is a specialist in Christian Initiation and liturgical catechesis. She teaches Pastoral Liturgy at Holy Names College in Oakland and is a Team member for the North American Forum on the Catechumenate. Miriam authored Enter The Rose: Unfolding the Mysteries of Faith, a resource for Christian Initiation and retreats and writes for liturgical and catechetical publications.

**Ms. Janet Miller, M.A. Catechetics,** Editor and Writer for Celebrating the Lectionary, Resource Publications in San Jose. Janet has been involved with faith formation for forty years. First a catechist and CCD coordinator, then a Catholic school teacher, she is now a catechetical writer, consultant, and presenter. She worked on the teams in the Diocese of Fresno, Calif., to develop master catechist formation and youth ministry formation. Janet has been a presenter in the ministry formation and diaconate programs. She graduated from Santa Clara University's pastoral ministries program with a master's degree in catechetics, and her thesis became the subject of a book, Catechizing for Justice, published by Resource Publications.

**Mr. Michael R. Prendergast,** OCP's liturgy specialist and editor of Today's Liturgy. He holds Masters degrees in Theological Studies and Liturgical Studies. He is a member of the board of directors of Partners in Preaching, a national ministry of consultation, training and formation for the church's ministry of liturgical preaching. Michael has more than 30 years experience as a musician and liturgist and was Director of the Office of Worship and Christian Initiation for the Diocese of Great Falls-Billings in Eastern Montana. He has been a clinician for the National Pastoral Musicians Association (NPM), the Federation of Diocesan Liturgical Commissions (FDLC), the Southwest Liturgical Conference (SWLC). Michael is the editor of the Pastoral Press books Full, Conscious and Active Participation: Twenty-Five Years of Today's Liturgy and Voices from the Council. Michael is also the editor of OCP's annual General Intercessions resource Prayer of the Faithful and author of Music in the Liturgy for Small Parishes.

**Mr. Charles Rohrbacher,** an iconographer in Juneau for over 20 years. He initially studied with the Orthodox iconographer Dmitri Shkolnik. Since 1992 he has been a student of the Byzantine Catholic iconographer Jesuit Father Egon Sendler of the Centre d'Etudes Russes in Paris. He has written numerous icons for Catholic and Orthodox churches and recently completed the iconostasis (icon-screen) of St. Nicholas of Myra Byzantine Catholic Church in Anchorage. He is presently on staff of the Office of Ministries for the Diocese of Juneau.

**Ms. Linda Shepard, R.N.,** Parish Nurse Coordinator, Providence Health System Alaska, Linda will be joined by a panel of Parish Nurse Practitioners.

**Rev. Mr. Eric Stoltz,** Deacon in the Archdiocese of Los Angeles and Independent web developer and graphic designer, nationally published writer, with nearly 20 years' experience in public relations, marketing communications, branding, graphic design and market research.

**Ms. Carol Szopa, R.N.,** Facilitator for Project Rachel Reconciliation and Healing, Member of Parish Nursing Assoc., along with other members of the Project Rachel Ministry.

**Mr. Patrick Tam,** Director of Adult Faith Formation in the Yukon-Kuskokwim Region, Diocese of Fairbanks.

**Dr. Peter J. Zografos,** Director of the Office of Evangelization for the Archdiocese of Anchorage, a liturgical theologian, spiritual director, and cross-cultural community builder. Previously he was adjunct faculty in the Theology department of Barry University. He has also served as an Inter Faith Campus Minister, ecumenical liturgist. He received his Doctor of Ministry in Liturgical and Sacramental Theology from Barry University, Miami, earned a Master of Divinity from the School of Theology and Ministry, Seattle University, and holds a degree in Organizational Behavior from the University of San Francisco.

# Workshop Opportunities

## Session One

Friday, September 16, 2005 10:30 - 11:45 pm

- 11 Discipleship Faith-Community Based Organizing** - Discipleship entails the empowering of people, where they are, through a process of relationship building. Faith-Community Based Organizing imparts a Good News that impact individuals, families, churches, and social institutions, a Good News that transforms by putting into action the Gospel message of Justice, touching the social and spiritual needs of families and communities. It is a process through which reaching out and touching others, transforms the whole person, impacts their thoughts, attitudes and personal commitment toward a spiritual and social conversion. **Dr. Jose Carrasco**, *Special Consultant to PICO, a national network of Faith-Community Based Organizations. Professor Emeritus at San Jose State University*
- 12 Celebrating the Liturgy of the Word with Children** - What is at the heart of faith formation for children? This workshop will focus on the, breaking open of the Word, the language of children and how they relate the Word to their life experiences. We will discussed the formation in faith of children and their spirituality. **Sr. Paule Freebrg, D.C.** *Sr. Freeburg is the primary author of Sunday, an adaptation of the Lectionary for children and is currently Director of Development for Saint Vincent's in Santa Barbara*
- 13 Preparing the Liturgical Seasons (Part I: Advent, Christmas, Epiphany)** - With the lectionary and the church's ritual books as our guides, enter into the various aspects of the Paschal Mystery as it unfolds in the Liturgical Year. This session is attentive to music, ritual and environment "The music belongs to the assembly, not the musicians." How do pastoral musicians, liturgists and those charged with serving the Sunday assembly help the Body of Christ to enter into the liturgy fully, consciously and actively? How do they choose music and texts that reverence the church at prayer? **Mr. Michael J. Prendergast**, *OCP's liturgy specialist and editor of Today's Liturgy*
- 14 Evangelization and Sacramental Programs** - Come and See and Taste the Lord's Goodness. As we celebrate and experience – welcoming, forgiveness, nourishment, strength, unity and joy through the Sacraments, they are also opportunities of invitation and awakening faith in those who are our family and friends joining us possibly for the first time in Church and gathered with believers. We will examine the times of joy and sorrow, tears and comfort where we can be instruments of welcome and invitation to those returning or seeking a faith community, a look at practical suggestions and ideas. **Ms. Valerie Keller**, *Parish Consultant in the Archdiocese of Milwaukee*
- 15 Your Image of Church: False or Biblical?** - What is your image of church? Come and find out what the Gospel has to say about us being Church. **Dr. Peter Zografos**, *Director of the Office of Evangelization, Archdiocese of Anchorage*
- 16 Catholic Biblical Interpretation** – This workshop will trace the various presuppositions, methods and approaches that have governed understandings of the Bible from the time of Jesus to the 21<sup>st</sup> century. Special care will be given to indicate and illustrate exactly what the Catholic Church now means and does not mean when it claims the Bible is "revelation" and "Word of the Lord." **Dr. Regina Boisclair**, *Associate Professor of Religion holds the Cardinal Newman Chair of Catholic Theology at Alaska Pacific University*
- 17 Living the Gospel by Attending to God's Broken Hearted** - Stewardship of those suffering the aftermath of abortion, The Project Rachel Ministry helps women, men, grandparents, and others to deal with the loss of a child by abortion. Stories of those who have experienced abortion loss and its effects. **Ms. Carol Szopa, R.N.**, *Facilitator for Project Rachel Reconciliation and Healing, Member of Parish Nursing Association, along with other members of the Project Rachel Ministry*
- 18 Mary, Model for Discipleship** - Probing Mary's role in the life of the Church from a Scriptural perspective, we will be drawn into deeper relationship with and understanding of this faithful woman who is our model and companion as we learn the meaning of true discipleship. **Sr. Miriam Malone, SNJM** *a specialist in Christian Initiation and liturgical catechesis and serves as Project Supervisor for the Pastoral Ministries program at Holy Names University in Oakland*
- 19 Discipleship in the Gospel of Mark** - In the upcoming liturgical year, the primary Gospel for the ordinary times of the year will be the Gospel of Mark. A key theme of this Gospel is discipleship. In this workshop we will study Mark's understanding of what it means to be a disciple of Jesus. **Rev. Ted Kestler, S.J.** *Native Ministry Training Program at St. Mary's with specialties in Scripture & Theology, Diocese of Fairbanks*

# Workshop Opportunities

## Session Two

Friday, September 16, 2005 1:15 - 2:30 pm

- 21 Stewardship: A Disciple's Response** - In 1992, the Bishops of the United States approved a Pastoral Letter challenging Americans to live a more faithful life of discipleship as stewards of the many gifts so generously bestowed by our gracious God. Thirteen years later, this challenge is still valid and ever more important in our community. This session will explain the Pastoral and explore avenues and aspects of meeting the challenge by the Bishops both at a personal and parish community level. **Mr. James P. Calderola, CFRE**, *Director of the Office of Stewardship & Development, Archdiocese of Anchorage*
- 22 Building Inclusive Parishes** - An interactive presentation on building inclusive parishes; The Pentecost Experience (Celebrating Diversity) - The Open Table of Jesus (Biblical Reflection on Pastoral Ministry) - Vehicles of Evangelization (Doing Mission) - Reflection and Dialogue. (Ref: "Welcoming the Stranger Among Us: Unity in Diversity" US Bishops Pastoral) **Rev. Fred Bugarin**, *Pastor of Saint Anthony Parish, A Multi-cultural Parish in Anchorage*
- 23 Preparing the Liturgical Seasons (Part II: Lent, Triduum, Easter)** - With the Lectionary and the church's ritual books as our guides, enter into the various aspects of the Paschal Mystery as it unfolds in the Liturgical Year. This session is attentive to music, ritual and environment "The music belongs to the assembly, not the musicians." How do pastoral musicians, liturgists and those charged with serving the Sunday assembly help the Body of Christ to enter into the liturgy fully, consciously and actively? How do they choose music and texts that reverence the church at prayer? **Mr. Michael J. Prendergast**, *OCP's liturgy specialist and editor of Today's Liturgy*
- 24 Liturgical Catechesis and the Lectionary: Helping Others Grow in Faith** - The liturgical year and the lectionary serve as bookends that help focus faith formation. Children discover the meaning of discipleship as the liturgical year unfolds and they begin to take ownership of the biblical story. Adults with their complex needs, interests, and abilities offer a particular challenge. Discover tools that help welcome and include a wide variety people on the faith journey together. Learn the delicate skill of meeting individual needs while building community. **Ms. Janet Miller, M.A., Catechetics**, *Editor and Writer for Celebrating the Lectionary, Resource Publications*
- 25 Speaking in Tongues People Can Understand: The Art and Craft of Homily Adaptation** - Obviously, the Sunday assembly takes on many forms: old and young, educated and less educated, interested and less interested. What are the skills necessary to present God's Word in human words that will reach all who have chosen to be present at the celebration of the Eucharist on this Sunday? **Rev. LeRoy E. Clementich C.S.C.** *Director of Rural Parish Ministry for the Archdiocese of Anchorage*
- 26 Discipleship and the End of Life** - Jesus wept openly at the tomb of his friend Lazarus and many others then believed. In what do we believe as life nears its end for ourselves, our loved ones, our friends? How can Christians witness the hope of eternal life to a generation uncertain of God's promises? This session will provide an overview of end-of-life decision making; followed by a consideration of how the hope of heaven can transform those decisions; concluding with an exercise examining 2 or 3 cases of end-of-life care. **Dr. Mary Jo Iozzio** *is Associate Professor of Moral Theology and Director of Graduate Programs in Theology & Ministry at Barry University, Miami Shores, Florida*
- 27 What is Spirituality and Do I have One?** - In this time when many people speak of being "spiritual" rather than "religious", what does it mean to be spiritual? How do I find my spirituality? This workshop will explore: what spirituality is, the role of spiritual practice, the power of knowing we are poor, wounded and loved, how spirituality is expressed in the lives of the workshop participants. **Ms. Rosemary Insley**, *Holy Spirit Center, Director of Ministries*
- 28 Discipleship Faith-Community Based Organizing** - Discipleship entails the empowering of people, where they are, through a process of relationship building. Faith-Community Based Organizing imparts a Good News that impact individuals, families, churches, and social institutions, a Good News that transforms by putting into action the Gospel message of Justice, touching the social and spiritual needs of families and communities. It is a process through which reaching out and touching others, transforms the whole person, impacts their thoughts, attitudes and personal commitment toward a spiritual and social conversion. **Dr. Jose Carrasco**, *Special Consultant to PICO, a national network of Faith-Community Based Organizations. Professor Emeritus at San Jose State University (Reserved for Pastoral Leadership)*
- 29 Adult Faith Formation: A Continuing Process** - Looks at how we in the Yukon-Kuskokwim region are trying to form a vision of adult faith formation based on the bishops' pastoral letter "our hearts were burning within us." We hope to have a lively discussion of the issues and challenges faced by those involved in faith formation work. **Mr. Patrick Tam**, *Director of Adult Faith Formation in the Yukon-Kuskokwim Delta Area, a resident of Emmonak, AK, Diocese of Fairbanks*

# Workshop Opportunities

## Session Three

Friday, September 16, 2005 2:45 - 4:00 pm

- 31 Disciples and the Disciplines of Virtue** - Jesus called many to follow him yet few chose to follow. What are the virtues of discipleship? How can we nurture these virtues? This session will provide a brief overview of the nature of discipleship and of virtue; followed by a consideration of discipline; concluding with an exercise embodying Christian discipleship., **Dr. Mary Jo Iozzio** is Associate Professor of Moral Theology and Director of Graduate Programs in Theology & Ministry at Barry University, Miami Shores, Florida
- 32 Lectionary-based Catechesis: A Vibrant Model for the Entire Parish** - Whole community catechesis is based on the understanding that faith formation is a life-long process. The Lectionary offers catechetical moments for all hearers of the word. The catechesis helps open up that word in a way that links all age levels with a common thread for each week while addressing a variety of needs. The community is energized by a process that provides for cross-level sharing. **Janet Miller, M.A., Catechetics**, Editor and Writer for Celebrating the Lectionary, Resource Publications
- 33 Sunday & Weekday Celebrations in the Absence of a Presbyter** - When a faith community is unable to celebrate the Sunday Eucharist, the church tells us that the community must still gather to celebrate the Lord's Day. What are the theological, liturgical, ecclesial and pastoral issues surrounding these celebrations? **Michael Prendergast**, OCP's liturgy specialist and editor of Today's Liturgy
- 34 Parish Nursing: A Ministry of Health, Healing and Wholeness** - Ministries of health provide an opportunity for people to continue the healing ministry of Jesus in many ways. Parish nurses educate, advocate and activate people to take positive action regarding wellness and prevention. In addition, parish nurses provide support and a healing presence in times of illness. This presentation will discuss the varied roles of the parish nurse in facilitating ministries of health that can serve both the parish and community. Practical examples and hands-on resources will be shared and provided. **Linda Shepard, R.N.**, Parish Nurse Coordinator Providence Health System, Alaska with a Panel of Parish Nurse Practitioners
- 35 Stewardship and Consumerism: The Challenge of Living Stewardship in America** - This workshop explores the contradictions between our Catholic understanding of stewardship and our American understanding of "success". We will use statistical evidence to describe "who we are" and contrast that with "who we are called to be." **Ms. Angela Liston, Esq.**, Executive Director of AFACT, Anchorage Faith & Action Congregations Together
- 36 Praying with Icons** - Icons are one of the ways in which the Church has traditionally proclaimed the Word of God; using images as well as text to do so. As such they provide a powerful focal point both for prayer and catechesis. In this workshop we will reflect on the sacred 'text' of the icon using the technique of lectio divina (prayerful reading or study). **Mr. Charles Rohrbacher**, an iconographer in Juneau for more than 20 years, he has written numerous icons for Catholic and Orthodox churches and presently on staff in the Office of Ministries for the Diocese of Juneau
- 37 Just What is the Lectionary?** - This workshop will trace the history of lectionaries in Christian worship, discuss the formulation of the three-year Lectionary for Sundays and Solemnities. It will also consider how the lectionary's selections "set" particular perspectives on the Bible, how the collections of three readings and a Psalm "provide" particular interpretation of the texts, and what the worshipping assembly "hears from" the proclaimed lections. **Dr. Regina Boisclair**, an Associate Professor of Religion holds the Cardinal Newman Chair of Catholic Theology at Alaska Pacific University
- 38 Pastoral Communication for Collaborative Ministry** - Canon Law and Church Documents express the need for communications between pastoral leadership and the faithful, but they don't give guidance on how this is to be accomplished – or do they? Learn about how to use modern two-way communications tools such as web sites, parish surveys, parish annual reports and e-mail to enhance communication in the parish setting. Learn how the use of these tools in a church setting is different from how they are used in secular disciplines, and how to manage expectations and resources to achieve a new level of communication in your parish. **Rev. Mr. Eric Stoltz**, Independent Web developer and graphic designer, nationally published writer, with 20 years' experience in public relations
- 39 Discipulado es la organización de una comunidad basada en la fe**, el discipulado implica la promoción del ser humano donde vivan, trabajen y compartan socialmente a través de un proceso de crear relaciones. Se imparte la Buena Nueva que impacta a individuos, familiares, iglesias e instituciones sociales, la Buena Nueva que transforma poniendo en acción el mensaje de Justicia del Evangelio, tocando las necesidades sociales y espirituales de familias y comunidades. Es el proceso a través del cual se llega a otros, transforma la persona, impacta sus pensamientos, sus actitudes y el compromiso propio hacia una conversión espiritual y social. **Dr. José Carrasco**, Consultor especial de PICO, una red nacional de Organizaciones de Comunidades Basadas en la fe. Profesor Eméritos en San José State University

# Workshop Opportunities

## Session Four

Saturday, September 17, 2005 10:30 - 11:45 am

- 41 The Eucharist: Building Communion Across the Globe** - John Paul II declared 2005 "the Year of the Eucharist," How does the Eucharist teach us how to live as one human family in a world broken by poverty, violence, globalization, and injustice? We are invited to "*experience the Eucharist as a great school of peace.*" What can the Eucharist teach us about peace? Drawing on examples from the life of John Paul II and the work of Catholic Relief Services around the world, how can we "go forth and love and serve the Lord" by being peacemakers in today's world? **Joe Hastings, M.Div.,** *Regional Program Coordinator, CRS West, Education Organizer, Catholic Relief Services*
- 42 Liturgical Renewal - Catch the Vision of Vatican II (Part I)** - Does your community and its liturgical ministers need to be set afire? Explore the call of Vatican II for full, conscious and active participation, "the aim to be considered before all else," (Constitution on the Sacred Liturgy #14). This session is Part One of a Two Part Workshop. Please register for workshop #52 as a continuation. Includes a celebration of the Liturgy of the Hours and a walk through the Sunday Eucharist with attention to music, ritual, environment and liturgical ministries. **Michael Prendergast,** *OCP's liturgy specialist and editor of Today's Liturgy*
- 43 What Was It That God Was Saying? Praying Scripture** - As lectionary - based catechesis comes into parishes and living with the Sunday readings during the week is integrated into the life of the community, teaching ways to hear more deeply what the scripture is saying becomes key. This workshop will present ways, and take the group through an experience of how people can pray scripture and record insights and experiences in short periods during the week. **Rosemary Insley,** *Director of Ministries, Holy Spirit Center*
- 44 Alaska Native Culture / Spirituality** - Claiming Native signs & symbols as Christian expressions, cultural practices and ways of life, visions, dreams, and spirit, Christian shamans (healers), liturgy. **Sr. Donna Kramer D.C.,** *Coordinator of Alaska Native Ministry, Office of Evangelization, Archdiocese of Anchorage*
- 45 A Family Altar: Family Faith Formation Basics** - Becoming more aware of the "holy" in our homes, where the seeds of discipleship really begin. **Madeline C. Lambert Nance, B.S.W., MAPS,** *Director of Children and Family Life Center for the Diocese of Fairbanks*
- 46 Praying as Disciples in the Absence of a Priest** - Much material has become available in recent years about how to pray the Mass. However, many parishes in Alaska are not able to celebrate Mass on a weekly basis. Nevertheless, it is still important, for those parish communities to gather together on Sundays for prayer and reflection on the scriptures. In this workshop we will discuss how to pray the "Liturgy of the Word with Holy Communion in the Absence of a Priest." We will consider its theology, its structure, and the role of both the presiders and the congregation, as well as on the importance of Sunday. We will also reflect on how this liturgy relates to the Mass. **Rev. Ted Kestler, S.J.** *Native Ministry Training Program at St. Mary's with specialties in Scripture & Theology, Diocese of Fairbanks*
- 47 Discipleship – Who Me?** - "Can you hear me NOW?" God has called each of us into existence and being and gifted us for our mission. Life after Baptism is not voluntary – it is a conscious commitment to intentional living. It is Discipleship. Have I heard the call? Have I responded? Discipleship costs us our very lives. What price are you willing to pay? Let us reflect together on how we can support and encourage one another. **Valerie Keller** *Parish Consultant in the Archdiocese of Milwaukee*
- 48 Liturgical Spirituality Leading to Discipleship** - Learning Discipleship through Living the Liturgy, the spirituality that underlies discipleship is proclaimed, explained and lived in the liturgical life of the Church. How we pray expresses our faith and leads to the life we are called to live as disciples of the Risen Christ. What does our Sunday worship tell us about spirituality and discipleship? **Miriam Malone, SNJM** *a specialist in Christian Initiation and liturgical catechesis and serves as Project Supervisor for the Pastoral Ministries program at Holy Names University in Oakland*
- 49 Ministros Especiales para los enfermos en hospitales, hogares y encarcelados, el llamado al discipulado,** Teología breve sobre la enfermedad y el sufrimiento, introducción y guías sobre cómo hacer una visita pastoral., cuidese mientras cuida a los demás, Cómo se lleva a cabo el ritual de la Comunión, la visita a los que no pueden participar de la Santa Misa Dominical: Enfermos, ancianos, encarcelados. **Ishmael Avilés,** *Ministerios A Los Hispanos, Oficina para la Evangelización, Arquidiócesis de Anchorage*

# Workshop Opportunities

## Session Five

Saturday, September 17, 2005 1:15 - 2:30 pm

- 50 Catholic Spirituality of the East: The Byzantine Mysteries** - Explore the riches of our Eastern Churches through their Sacramental Theology and in their Practice. **Rt. Rev. Wesley Izer, S.D.B., Pastor Saint Nicholas of Myra Byzantine Catholic Church in Anchorage**
- 51 Hospitality Welcomes Strangers** - Jesus extended love to those in most need. Who are the neediest among us today? How might we extend Jesus' welcome to them? This session will provide some creative definitions of hospitality; followed by some considerations of what it means to be the stranger; concluding with an exercise identifying concrete ways to bring the stranger to Christian friendship. **Dr. Mary Jo Iozzio Associate Professor of Moral Theology and Director of Graduate Programs in Theology & Ministry at Barry University in Miami Shores, Florida**
- 52 Liturgical Renewal - Catch the Vision of Vatican II (Part II: A Continuation of workshop #42)** - Does your community and its liturgical ministers need to be set afire? Explore the call of Vatican II for full, conscious and active participation, "the aim to be considered before all else," (Constitution on the Sacred Liturgy #14). **Michael Prendergast, OCP's liturgy specialist and editor of Today's Liturgy**
- 53 Discernment of Ministries: Discernment or Decision?** - We all are called to use our gifts in ministry. How do we know which one? How do we pray for guidance in selecting and entering a ministry? What is the role of the community? **Kathy Bishop, Pastoral Director, Our Lady of the Lake, Big Lake, Alaska**
- 54 Blessed are the Peacemakers** - *Peace is not the absence of war, peace is the presence of justice.* - Pope Paul VI, Everyone wants peace, but it seems that few know how to pursue it. Too many people believe that the only path to peace is through force, even though history abounds with examples of people building peace amidst tensions and conflict. Jesus of Nazareth taught a nonviolent alternative to the violent world in the first century, and today Catholic Relief Services continues to "build" peace in conflict areas around the world, in places like the Philippines, Rwanda, and Colombia. This workshop shows that there is a real alternative to violence, and gives participants tools for teaching peace in our parishes and communities. **Joe Hastings, M.Div., Regional Program Coordinator, CRS West, Education Organizer, Catholic Relief Services**
- 55 Navigating The National Directory for Catechesis:** How can we create a sense of community and encourage participation? **Toni M. Jones, Neophyte, Adjunct Faculty University of Alaska Anchorage**
- 56 Modeling Discipleship for Children: Appropriate Discipline** - Administering discipline in the parent/child relationship is often misunderstood by parents or caregivers. We'll look at Jesus as a model to see what youth need and want, how they try to get it and how parents encourage or discourage the process. **Madeline C. Lambert Nance BSW MAPS, Director of the Children and Family Life Center, Diocese of Fairbanks**
- 57 Liturgical Catechesis and the Lectionary: Helping Others Grow In Faith** - The liturgical year and the lectionary serve as bookends that help focus faith formation. Children discover the meaning of discipleship as the liturgical year unfolds and they begin to take ownership of the biblical story. Adults with their complex needs, interests, and abilities offer a particular challenge. Discover tools that help welcome and include a wide variety people on the faith journey together. Learn the delicate skill of meeting individual needs while building community. **Janet Miller, M.A., Catechetics, Editor and Writer for Celebrating the Lectionary, Resource Publications**
- 58 Children of Abraham: Interfaith Pilgrimages in the Los Angeles model** - Catholic parishioners are offered many opportunities for pilgrimages that are specifically catholic in nature, but how do we broaden their horizons in an age when interfaith understanding and cooperation has never been more essential to the peace of the world? Learn about the experience of Los Angeles pilgrimage to the Holy Land that included Jews, Christians, and Muslims. What is the key element of success, how did it work, what were the long-term results? The workshop will give you the tools to plan an interfaith pilgrimage, local interfaith activities or even ideas to integrate into any pilgrimage. **Rev. Mr. Eric Stoltz, Independent Web developer and graphic designer, nationally published writer, nearly 20 years' experience in public relations**
- 59 El Ministerio de los Lectores: comprender lo que estamos llamados a servir, de esa comprensión saldrá le motivación para prepararnos mayor,** Teología y Teoría básica, El Verbo se hace carne en nosotros, un enfoque práctico. **Ishmael Avilés, Ministerios A Los Hispanos, Oficina para la Evangelización, Arquidiócesis de Anchorage**

# Workshop Opportunities

## Session Six

Saturday, September 17, 2005 2:45 - 4:00 pm

- 60 Korean Spirituality** - Explore the history of this ancient culture and the role that the Catholic Church has had in forming the Korean people. **Phillip Lee and Rev. Peter Yoo**, *Korean Catholic Community of Anchorage*
- 61 Stages of Faith** - Based on the work of James Fowler, we will explore how the stages of faith for children and adults can be used to prepare programs used in faith formation. **Kathy Bishop**, *Pastoral Director of Our Lady of the Lake, Big Lake, Alaska*
- 62 Evangelization and Liturgy for Liturgical Ministers** - "It's Monday, Now What?" As a liturgical Minister we are not just called to proclaim the Word, serve as Extraordinary Ministers of Communion, Choir/Cantors/Musicians, Ushers, Environment/Artists on Sundays and Holydays. We will examine how we are Word, Bread and Blood, Music, Sacred Art and much more in our homes, at work, in school and at play in our everyday lives, a look at practical ideas and suggestions. **Valerie Keller**, *Parish Consultant for the Archdiocese of Milwaukee*
- 63 Celebrating with Children Three to Six Years Old** - Why did Jesus challenge, "Unless you become like little children, you will not enter the kingdom of heaven"? Can small children really relate to the Scriptures? What do children have to teach us about God, the Word, Wisdom, Life? Children do not need gimmicks; they deserve the simplicity of God's Word! This workshop will focus on the spirituality of children: the role of religious education in a child's spirituality; the role of music; how to nourish and nurture that spirituality; how, where, and why children pray; and introducing children to Scripture. **Sr. Paule Freeburg, D.C.**, *Director of Development for Saint Vincent's in Santa Barbara and primary author of Sunday, An Adaptation of the Lectionary for Children*
- 64 The Social Mission of the Church in Every Catechesis** - Come to a deeper understanding of the basic principles of Catholic social teaching. See that every true catechesis steps us further for discipleship. As disciples we carry on the mission of Jesus; that is, to bring Good News to the poor and further completion of the reign of God's justice in the world. **Janet Miller, M.A.**, *Catechetics, Editor and Writer for Celebrating the Lectionary, Resource Publications*
- 65 Parish Nursing: A Ministry of Health, Healing and Wholeness** - Ministries of health provide an opportunity for people to continue the healing ministry of Jesus in many ways. Parish nurses educate, advocate and activate people to take positive action regarding wellness and prevention. In addition, parish nurses provide support and a healing presence in times of illness. This presentation will discuss the varied roles of the parish nurse in facilitating ministries of health that can serve both the parish and community. Practical examples and hands-on resources will be shared and provided. **Linda Shepard, R.N.**, *Parish Nurse Coordinator Providence Health System, Alaska with a Panel of Parish Nurse Practitioners*
- 66 Making the Psalms Come Alive** - A workshop for cantors and psalmists. The Psalms are the Church's first prayer. Cantors and psalmists are to be thoroughly rooted in this prayer of the Church. This prayer of praise and lament has the power to transform a church. **Michael R. Prendergast**, *OCP's liturgy specialist and editor of Today's Liturgy*
- 67 Speaking Your Faith: Our Lives Are Part of the Story of Salvation** - We all have, and are stories of faith, this workshop offers a unique approach to sharing our faith through the structure of Toastmasters International. In telling our stories and sharing our faith, we give to others the gift of seeing God's presence in this world through new eyes and with great love, forgiveness and compassion. **Julie Galligan, CTM**; *Sponsor & Mentor of the Saint Andrew Gavel Club, along with several members of the Saint Andrew Gavel Club*
- 68 Gathering the Assembly for Eucharist** - The ministry of the assembly is called to "full and active participation" in our Eucharistic celebration. Preparation for this ministry begins long before the gathering song at liturgy. This workshop will discuss the role of the assembly and explore ways to gather and call the community to their rightful and active role in Eucharist. **Bill Goehring**, *a Masters of Divinity and Masters of Theology in Liturgical Studies, former liturgist for the North American Forum on the Catechumenate.*
- 69 Ministros Especiales de la Sagrada Comunión, El compromiso, el llamado al discipulado** - La función de los laicos en el ministerio de la comunión, Ser y dar el Cuerpo de Cristo: Una vida de Ministerio y algunas sugerencias prácticas, introducción al ministerio de la Comunión a los Enfermos y Confinados, introducción a la Sagrada Comunión fuera de la Misa. **Ishmael Avilés**, *Ministerios A Los Hispanos, Oficina para la Evangelización, Arquidiócesis de Anchorage*

A Letter from  
**THE BISHOPS OF ALASKA:**  
Archbishop Schwietz, Bishop Kettler & Bishop Warfel

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Dear Sisters and Brothers in Christ,

We invite you to join us for this very significant event in the life of our Catholic Church in Alaska: **Discipleship Days**. This is an All-Alaska Evangelization Celebration focusing on “Making and Sustaining Disciples for Mission.”

We are honored to have qualified speakers, both local and nationally known offering over 60 workshops from which you can chose to register so that you can be refreshed, challenged and impelled to mission as Disciples in Christ. We are co-hosting these days — **September 15-17, 2005** — as a time of renewal and celebration for the Church of Alaska.

It is our hope that **Discipleship Days** will provide a time and place for all the Baptized and those interested in our Catholic faith to come together to worship, study, share our stories and journeys, break bread as God’s people to be sent forth as Disciples in Mission in this Great Land.

Yours in Discipleship,

+*Archbishop Roger L. Schwietz, O.M.I., D.D.*, Archbishop of Anchorage

+*Bishop Donald J. Kettler, J.C.L.*, Bishop of Fairbanks

+*Bishop Michael W. Warfel*, Bishop of Juneau

# Discipleship Days

**Making & Sustaining  
Disciples for Mission**

Conference at Hotel Captain Cook  
4th Avenue & K Street - Anchorage, AK 99501



## September 15-17, 2005

### REGISTRATION

*Register by August 15, 2005 for Discount*

**Please Register Early—Space is limited**

**You will be notified should your selection not be available.**

*"In him, in the Son, we were told everything, we were given everything. But our ability to understand is limited; for this reason the mission of the Spirit consists in introducing the Church in an ever new way, from generation to generation, into the grandeur of the mystery of Christ"*

— Benedict XVI.

Registration Event & Workshop	Adult	Youth / Student	Your Cost
<b>Discipleship Days:</b> <i>All Events Thursday - Saturday Including Receptions &amp; Lunches</i>	\$70	\$40	\$
<b>Early Registration Discount By 8/15</b> Deduct \$5.			\$ -
If Registered for the RCIA Training "Beginnings and Beyond" Deduct \$30.			\$ -
One Day Only <i>Including Lunch &amp; Reception</i>	\$40	\$20	\$
Thursday Evening <i>Pre-Keynote &amp; Reception</i>	\$15	\$6	\$
<b>Total Registration Enclosed</b>			<b>\$</b>
<i>Select</i>	<i>Session One</i>	<i>Session Two</i>	<i>Session Three</i>
<b>Friday Workshops</b>			
<i>Select</i>	<i>Session Four</i>	<i>Session Five</i>	<i>Session Six</i>
<b>Saturday Workshops</b>			

Please  
Print  
NAME \_\_\_\_\_

PARISH / INSTITUTION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

DAY PHONE # \_\_\_\_\_

EVENING PHONE # \_\_\_\_\_

CELL PHONE # \_\_\_\_\_

EMAIL \_\_\_\_\_

**Registered for Beginnings & Beyond?**

YES  NO

**ACCOMMODATIONS:** The Hotel Captain Cook **1-800-843-1950** Ask for Special Rate for Archdiocese

**HOUSING ASSISTANCE:**  I would like to stay in a participant's home if possible.

I am able to host \_\_\_\_\_ participant(s) in my home.

**SCHOLARSHIPS AVAILABLE:** For info: 907-297-7710 or julie.galligan@caa-ak.org

**ONLINE Registration with Visa / MasterCard @** [www.archdioceseofanchorage.org](http://www.archdioceseofanchorage.org)  
or make check payable to: **Archdiocese of Anchorage** | Return with this form to: **Office of Evangelization**  
225 Cordova Street - Anchorage, AK 99501