

The posture of the people ought to draw things together in such a way that the entire celebration shines with beauty and noble simplicity, the true and full meaning of the different parts of the celebration is perceived and the participation of all is encouraged.

<i>STAND</i>	<i>From the Beginning of Mass until the First Reading</i>	<i>STAND</i>
<i>SIT</i>	<i>From the First Reading until the Gospel Acclamation</i>	<i>SIT</i>
<i>STAND</i>	<i>From the Gospel Acclamation until the end of the Gospel</i>	<i>STAND</i>
<i>SIT</i>	<i>During the Homily</i>	<i>SIT</i>
<i>STAND</i>	<i>From the Profession of Faith (bow "by the power of the Holy Spirit... and became man") until the end of the General Intercessions</i>	<i>STAND</i>
<i>SIT</i>	<i>From the Preparation of the Gifts until the completion of the invitation "Pray my sisters and brothers that this sacrifice..."</i>	<i>SIT</i>
<i>STAND</i>	<i>+From the Beginning of the Assembly's response "May the Lord accept the sacrifice..." until the completion of the Holy, Holy...</i>	<i>STAND</i>
<i>KNEEL</i>	<i>+Upon Completion of the Holy, Holy... until after the Great Amen.</i>	<i>KNEEL</i>
<i>STAND</i>	<i>+From the Beginning of the Lord's Prayer; continue as each receives Holy Communion</i>	<i>STAND</i>
<i>STAND</i>	<i>+As Each person receives Holy Communion (May bow head to venerate the Holy Sacrament)</i>	<i>STAND</i>
<i>STAND</i>	<i>+Upon Return to pews following reception of Holy Communion</i>	<i>STAND</i>
<i>SIT or KNEEL</i>	<i>After ALL have received Holy Communion during Sacred Silence following Holy Communion</i>	<i>SIT or KNEEL</i>
<i>STAND</i>	<i>From the Beginning of the Prayer After Communion until the end of Mass</i>	<i>STAND</i>

Given on the Solemnity of Pentecost, 2005
+ Roger L. Schwietz, O.M.I., Archbishop of Anchorage

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